

Skill Sheet 10-I-3

Objective 20: Carry a ladder — Two-firefighter low-shoulder method. (*NFPA® 1001, 5.3.6*)

Student Name: _____ **Date:** _____

Directions

For this skills evaluation checklist, students will carry a ladder using the two-firefighter low-shoulder method. Students should carry the ladder at least 20 feet (6 m). When lifting a ladder from the ground, remind students to use the proper technique to avoid back strain or injury.

Equipment & Materials

- One 24-foot (8 m) extension or single ladder

Criteria & Evaluation Comments

Criteria (determined by the AHJ)

After the candidate has completed the skill sheet, write comments below.

Evaluator/Candidate Comments

Pass

☐

Fail

☐

Evaluator Signature

Date

Student Signature

Date

Skills Evaluation Checklist

Objective 20: Carry a ladder — Two-firefighter low-shoulder method.

NOTE: Firefighter #1 is located near the butt end of the ladder. Firefighter #2 is located near the tip of the ladder.

| Task Steps | | Yes | No |
|------------|--|-----|----|
| 1. | Both Firefighters: Kneel on the same side of the ladder facing the tip. | | |
| 2. | Both Firefighters: Grasp a convenient rung with the near hand, palm forward. | | |
| 3. | Both Firefighters: Stand the ladder on edge. | | |
| 4. | Firefighter #1: Give the command to "shoulder the ladder." | | |
| 5. | Both Firefighters: Stand, using the leg muscles to lift the ladder. | | |
| 6. | Both Firefighters: Tilt the far beam upward as the ladder and the firefighters rise. | | |
| 7. | Both Firefighters: Pivot and place the free arm between two rungs. a. Both firefighters facing the butt b. Lifting smoothly and continuously | | |
| 8. | Both Firefighters: Place the upper beam on the shoulders. | | |